Food Studies B.A.
2023 Catalog Grad Plan
(Pima Community College to UArizona)

GENERAL EDUCATION

COMPOSITION:
WRT 101 & WRT 102

MATH:
PHI 120 or MAT 142 or MAT 151

AGEC-A: (Complete appropriate PCC Courses)
Arts and Humanities
Social and Behavioral Sciences
Physical & Biological Sciences
Intensive Writing, Critical Inquiry
Cultural Diversity (Ethnic/Race/Gender) Awareness
Global Awareness
Other Requirements

SECOND LANGUAGE:
0-20 units as needed to meet 4th Semester Proficiency

B.A. FOOD STUDIES

INTRO TO FOOD STUDIES: (6 units)
FOOD 101: Intro to Critical Food Studies (Fall)
FOOD 102: Intro to Health & Food Systems (Spring)

FOOD CORE: (6 units)
- Pre-Req: FOOD 101 or FOOD 102 or FOOD 360
FOOD 300: Food Justice, Ethics, & Activism (Spring)
FOOD 302: Food Practices (Fall)

NUTRITION: (3 units)
PCC course: FSN 154 or FSN 127IN
OR:
NSC 101: Introduction to Human Nutrition

BUSINESS WRITING: (6 units)
enl 307: Business Writing

METHODS: (3 units)
See page 2 for options.
ANTH 407, GEOG 222, GEOG 357, HIST 301,
SBS 200, SOC 374 or SOC 375:
- Discuss use of alternate research and statistics
courses with advisor. FOOD may accept PCC: MAT
167 or CMN 228 or PSY 230 towards this methods
requirements

FOOD, SOCIETY, AND CULTURE (6 units)
See page 2 for options.

GLOBAL FOOD POLICY, GOVERNANCE, AND THE
ENVIRONMENT (6 units)
See page 2 for options.

LEADERSHIP & COMMUNITY ENGAGEMENT:
(3 units)
See page 2 for options.
PCC course: CMN 110: Public Speaking
OR:
UA course:

CAPSTONE: (3 units)
FOOD 498: Senior Capstone (Spring)

Additional FOOD B.A. Degree Details
- 39 total units required for Food Studies Major
- 21 UD units: UD = Upper-Division (300-499 level)
- 2.0 GPA or better required for major, minor & overall
- Food Studies: https://foodstudies.arizona.edu/

MINOR or 2nd MAJOR

ADDITIONAL ELECTIVES
(if needed to reach 120/56/42 UD)

Completed

Recommend 64 Units (from PCC) /64
Required 56 Units (UA)
Required 120 Total Units (PCC/UA)
Required 42 UD Units (UA)
Food Studies Major Courses by Category (University of Arizona)

METHODS (Complete ONE course)
Discuss use of alternate research and statistics courses with advisor. FOOD may accept PCC: MAT 167 or CMN 228 or PSY 230 towards this methods requirements
ANTH 407: Ethnographic Field Methods
GEOG 222: Working with Numeric, Spatial, and Visual Data: Fundamental Geographic Techniques
GEOG 357: Geographical Research Methods
HIST 301: Introduction to the Study of History
SBS 200: Intro. To Statistics for Social Sciences (Pre-requisite: MATH 107 or higher)
SOC 374: Social Research Methods (contact the SOC department for enrollment assistance)
SOC 375: Quantitative Reasoning in Sociology (Pre-requisite: MATH 107 or higher)

FOOD, SOCIETY, AND CULTURE (Take 6 units)
AIS 495A: Special Topics in AIS
ANTH 342: The Archaeology of Food
ANTH 353: The Anthropology of Food
ANTH/MENA 354: Food Traditions of the Middle East & North Africa
ANTH 366A: Nutritional Anthropology
FOOD 405: Sabores de Mexico
HIST 328: Cuisine, Culture, and Power
JPN/HIST 362A: Culture of Food & Health in Japan
HIST 405C: Food in the Global Middle Ages
LAS 230: Latin America: Food and Culture
NSC 255: Food and Culture

GLOBAL FOOD POLICY, GOVERNANCE, AND THE ENVIRONMENT (Take 6 units)
AIS 431A: Traditional Ecological Knowledge
AIS/ANTH 441A: Natural Resource Management in Native Communities
ANTH 315: World Ethnography
ANTH 331: Anthropology and Development
ANTH 424A: Political Ecology
ENVS 436: Agro-ecology
FOOD/GEOG 353: Coffee: From Crop to Cup
FOOD 360: Food Fights
FOOD/JOUR 435D: Food Journalism
GEOG 350: The Geography of Beer and Beverages
GEOG 362: Environment and Development
GEOG 363: Climate Change: Human Causes, Social Consequences and Sustainable Responses
GEOG 374: Geography, Social Justice and the Environment
GEOG 375: Metro Tucson
GEOG 404: The Politics of Nature
HIST 428: Food, Health, & Environment in History
HPS 416: The World’s Food and Health
RAM/RNR 340: Conservation and Sustainable Agriculture

LEADERSHIP AND COMMUNITY ENGAGEMENT (Take 3 units)
ALC 309: Leadership Principles and Practices
ALC 409: Team and Organizational Leadership
COMM 119: Public Speaking OR CMN 110: Public Speaking
EDL 280: Leadership Strategies
EDL 371: Leadership for Social Change
FOOD 393/493: Internship (must be a minimum of 3 units)
FOOD 399/499: Independent Study (must be a minimum of 3 units)
GEOG 497F: Community and School Garden Workshop (must be a minimum of 3 units)
NSC 444: Community Nutrition
SOC 397A: Poverty in Tucson Field Workshop